



# Duncanville ISD

## Cycle Menu 2016-2017

### Elementary & Middle School K-8

Express Breakfast					
Monday	Tuesday	Wednesday	Thursday	Friday	
Maple Pancake Wrap Golden Apple Milk Choice	Good Morning Sausage Rolls Sour Lemon Raisels Orange Juice 100% Milk Choice	Breakfast Sandwich on a Croissant Fresh Grapes Diced Fruit Cup Milk Choice Grape Jelly	Breakfast Chicken Sandwich Sour Watermelon Raisels Orange Juice 100% Milk Choice Grape Jelly	WG Honey Breakfast Bun Mixed Fruit Applesauce Orange Juice 100% Milk Choice	
K-8 LUNCH					
Monday	Tuesday	Wednesday	Thursday	Friday	Serving Week Dates
Flamebroiled Cheeseburger  Seasoned Sweet Potato Fries Broccoli & Cheese Tropical Fruit  Ketchup/Mustard/Mayo/Pickles Milk Choice	Mesquite Glazed Drumstick  Mac & Cheese Glazed Carrots Cucumber Slices & Ranch Mandarin Orange Salad  Ketchup Milk Choice	Country Chicken Fried Steak  Buttered Dinner Roll Mashed Potatoes Signature Green Beans Chilled Pears  Ketchup/White Gravy Milk Choice	Flavorful Softshell Taco  Spanish Rice Refried Beans Shredded Lettuce & Salsa Fresh Sweet Orange  Jalapenos Milk Choice	Traditional Pepperoni <b>OR</b> Cheese Pizza  Carrot Sticks & Ranch Classic Yellow Corn Fresh Apple "Made From Scratch" Cookie  Milk Choice	August 22nd September 19th October 17th November 14th January 2nd January 30th February 27th April 3rd May 1st May 29th
Beef & Cheese Nachos  Spanish Rice Pinto Beans Shredded Lettuce & Salsa Cherry Fruit Cocktail Jalapenos/Sour Cream PC Milk Choice	Tangerine Chicken & Rice Toasted Grilled Cheese Sandwich  Seasoned Broccoli Celery Sticks & Ranch Fresh Apple Chocolate Pudding Milk Choice	"Out of the Park" Hot Dog  Piping Hot Chili Shredded Cheddar Cheese Seasoned Sweet Potato Fries Creamy Spinach Mandarin Oranges Ketchup/Mustard Milk Choice	Roasted BBQ Chicken  Buttered Dinner Roll Mashed Potatoes Seasoned Carrots Mixed Fruit Applesauce Homemade Fruit Cobbler White Gravy Milk Choice	EggStravaganza  Turkey Bacon WG Flour Tortilla Crispy Potato Rounds Orange Juice 100%  Ketchup/Salsa Milk Choice	August 29th  September 26th October 24th November 28th January 9th February 6th March 6th April 10th May 8th
Crispy Chicken Sandwich <b>OR</b> Spicy Chicken Sandwich  Oven Baked Beans Creamy Spinach Juicy Pineapple Ketchup/Mustard/Mayo/Pickles Milk Choice	Sizzling Steak Fingers  Texas Toast Mashed Potatoes Glazed Carrots Fresh Pear White Gravy Milk Choice	Corn Chip Pie  Shredded Lettuce & Salsa Refried Beans Sliced Peaches "Made From Scratch" Cookie Milk Choice	Homestyle Chicken Nuggets  Crispy Potato Rounds Signature Green Beans Mandarin Oranges Buttered Dinner Roll Ketchup Milk Choice	Traditional Pepperoni <b>OR</b> Cheese Pizza  Carrot Sticks & Ranch Classic Yellow Corn Rosy Applesauce  Milk Choice	September 5th October 3rd October 31st December 5th January 16th February 13th March 20th April 17th May 15th
Golden Brown Corn Dog  CA Blend Vegetables Celery Sticks & Ranch Fruit Cocktail  Ketchup/Mustard Milk Choice	Cheesy Chicken Nachos  Spanish Rice Pinto Beans Shredded Lettuce & Salsa Fresh Apple Jalapenos/Sour Cream PC Milk Choice	Crispy Chicken Drumettes  Buttered Dinner Roll Sweet Potato Casserole Broccoli & Cheese Sliced Peaches Ketchup/Ranch Milk Choice	"Baked to Perfection" Spaghetti Casserole  Garlic Bread Stick Glazed Carrots Tossed Salad Mixed Fruit Cup Gingerbread Cookie Milk Choice	BBQ Pulled Pork Sandwich Toasted Grilled Cheese Sandwich  Crispy Potato Rounds Cheesy Broccoli & Cauliflower Frozen Mixed Berry & Lemon Swirl Cup Ketchup/Pickles Milk Choice	September 12th October 10th November 7th December 12th January 23rd February 20th March 27th April 24th May 22nd

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**\*A healthy plate must consist of fruits & vegetables daily**

Menu is subject to change.

**\*Minimum Allowance for School Lunch: 3 Components**

**\*Maximum Allowance for School Lunch: 5 Components**