



Duncanville ISD

2016-2017

High School Breakfast & Lunch

Weekly Cycle

Breakfast				
Monday	Tuesday	Wednesday	Thursday	Friday
Maple Pancake Wrap Golden Apple Milk Choice	Good Morning Sausage Rolls Sour Lemon Raisels Orange Juice 100% Milk Choice	Breakfast Sandwich on a Croissant Fresh Grapes Diced Fruit Cup Milk Choice Grape Jelly	Breakfast Chicken Sandwich Sour Watermelon Raisels Orange Juice 100% Milk Choice Grape Jelly	WG Honey Breakfast Bun Mixed Fruit Applesauce Orange Juice 100% Milk Choice
Main Street Café				
General Tso's Stir Fry & Rice w/ Crispy Chow Mein Noodles Creamy Spinach Glazed Carrots Sliced Peaches Orange Juice 100% Cookie Delight White Milk 1% Chocolate Milk FF	Thai Sweet Chili Chicken & Noodles w/ Egg Roll Broccoli w/ Cheese Cucumber Slices & Ranch Mandarin Orange Salad Orange Juice 100% Chocolate Pudding White Milk 1% Chocolate Milk FF	Tangerine Chicken & Rice w/ Crispy Chow Mein Noodles CA Blend Vegetables Oven Baked Beans Fresh Sweet Orange Tropical Fruit Chocolate Pudding White Milk 1% Chocolate Milk FF	Japanese Cherry Blossom Chicken & Noodles w/ Egg Roll Sweet Potato Casserole Celery Sticks & Ranch Juicy Pineapple Orange Juice 100% Chocolate Pudding White Milk 1% Chocolate Milk FF	Sriracha Chicken & Rice w/ Crispy Chow Mein Noodles Classic Yellow Corn Baby Carrots & Ranch Fresh Apple Fruit Cobbler White Milk 1% Chocolate Milk FF
Fast Eats				
Mesquite Glazed Drumstick Buttered Dinner Roll Mac & Cheese Creamy Spinach Glazed Carrots Sliced Peaches Orange Juice 100% Cookie Delight White Milk 1% Chocolate Milk FF	Pepperoni Pizza 4X6 Garlic Breadstick Broccoli w/ Cheese Cucumber Slices & Ranch Mandarin Orange Salad Orange Juice 100% Chocolate Pudding White Milk 1% Chocolate Milk FF	Hot Dog Chili Bacon Shredded Cheddar Cheese Pickle Relish Diced Onion Jalapenos Baby Carrots & Ranch Oven Baked Beans Fresh Sweet Orange Tropical Fruit Ketchup/Mustard/Mayo/Ranch White Milk 1% Chocolate Milk FF	Pepperoni Pizza 4X6 Garlic Breadstick Fresh Garden Salad Baby Carrots & Ranch Juicy Pineapple Orange Juice 100% White Milk 1% Chocolate Milk FF	Chicken Fried Steak Texas Toast Mashed Potatoes Signature Green Beans Fresh Apple Fruit Cobbler Ketchup/ White Gravy White Milk 1% Chocolate Milk FF
Casa Amigos				
Baked Tostitos Scoops Taco Meat or Chicken Fajita Spanish Rice Refried Beans Lettuce & Diced Tomatoes Sliced Peaches Orange Juice 100% Cookie Delight Cheese Sauce Sour Cream Jalapenos Onions White Milk 1% Chocolate Milk FF	Baked Tostitos Scoops Taco Meat or Chicken Fajita Refried Beans Lettuce & Diced Tomatoes Mandarin Orange Salad Orange Juice 100% Cheese Sauce Sour Cream Jalapenos Onions White Milk 1% Chocolate Milk FF	Baked Tostitos Scoops Taco Meat or Chicken Fajita Spanish Rice Refried Beans Lettuce & Diced Tomatoes Fresh Sweet Orange Tropical Fruit Cheese Sauce Sour Cream Jalapenos Onions White Milk 1% Chocolate Milk FF	Baked Tostitos Scoops Taco Meat or Chicken Fajita Classic Yellow Corn Refried Beans Lettuce & Diced Tomatoes Juicy Pineapple Orange Juice 100% Chocolate Pudding Cheese Sauce Sour Cream Jalapenos Onions White Milk 1% Chocolate Milk FF	Baked Tostitos Scoops Taco Meat or Chicken Fajita Spanish Rice Refried Beans Lettuce & Diced Tomatoes Fresh Broccoli & Ranch Fresh Apple Fruit Cobbler Cheese Sauce Sour Cream Jalapenos Onions White Milk 1% Chocolate Milk FF

*A healthy plate must consist of fruits & vegetables daily

*Minimum Allowance for School Lunch: 3 Components

*Maximum Allowance for School Lunch: 5 Components

Grillworks				
Cheeseburger Hamburger	Bacon Cheeseburger Hamburger	Cheeseburger Hamburger	Bacon Cheeseburger Hamburger	Cheeseburger Hamburger
Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich
Sweet Potato Fries Cucumber Slices & Ranch Sliced Peaches Orange Juice 100% Cookie Delight	Crispy Potato Rounds Broccoli w/ Cheese Mandarin Orange Salad Orange Juice 100% Chocolate Pudding	Atomic Cheez-It Baby Carrots & Ranch Oven Baked Beans Fresh Sweet Orange Tropical Fruit	Crispy Potato Rounds CA Blend Vegetables Juicy Pineapple Orange Juice 100% Chocolate Pudding	Flamin' Hot Cheetos Puffs Baby Carrots & Ranch Classic Yellow Corn Fresh Apple Fruit Cobbler
Ketchup/Mustard/Mayo Pickle Slices	Ketchup/Mustard/Mayo Pickle Slices	Ketchup/Mustard/Mayo Pickle Slices	Ketchup/Mustard/Mayo Pickle Slices	Ketchup/Mustard/Mayo Pickle Slices
White Milk 1% Chocolate Milk FF	White Milk 1% Chocolate Milk FF	White Milk 1% Chocolate Milk FF	White Milk 1% Chocolate Milk FF	White Milk 1% Chocolate Milk FF
Light & Fresh Way				
Baked Potato	Baked Potato	Baked Potato	Baked Potato	Baked Potato
Turkey Sandwich Pack	Turkey Sandwich Pack	Turkey Sandwich Pack	Turkey Sandwich Pack	Turkey Sandwich Pack
Lettuce (Side Salad) BBQ Pulled Pork Ham Shredded Cheddar Cheese Fresh Spinach Fresh Broccoli Cucumber Slices Cherry Tomatoes Classic Yellow Corn Black Beans Shredded Carrots Sliced Jalapenos Texas Toast Cookie Delight Sliced Peaches Orange Juice 100%	Lettuce (Side Salad) BBQ Pulled Pork Ham Shredded Cheddar Cheese Fresh Spinach Fresh Broccoli Cucumber Slices Cherry Tomatoes Classic Yellow Corn Black Beans Shredded Carrots Sliced Jalapenos Garlic Breadstick Mandarin Orange Salad Orange Juice 100% Chocolate Pudding Ranch Dressing Sour Cream/Margarine Mustard/Mayo White Milk 1% Chocolate Milk FF	Lettuce (Side Salad) BBQ Pulled Pork Ham Shredded Cheddar Cheese Fresh Spinach Fresh Broccoli Cucumber Slices Cherry Tomatoes Classic Yellow Corn Black Beans Shredded Carrots Sliced Jalapenos Texas Toast Fresh Sweet Orange Tropical Fruit Chocolate Pudding Ranch Dressing Sour Cream/Margarine Mustard/Mayo White Milk 1% Chocolate Milk FF	Lettuce (Side Salad) BBQ Pulled Pork Ham Shredded Cheddar Cheese Fresh Spinach Fresh Broccoli Cucumber Slices Cherry Tomatoes Classic Yellow Corn Black Beans Shredded Carrots Sliced Jalapenos Garlic Breadstick Juicy Pineapple Orange Juice 100% Chocolate Pudding Ranch Dressing Sour Cream/Margarine Mustard/Mayo White Milk 1% Chocolate Milk FF	Lettuce (Side Salad) BBQ Pulled Pork Ham Shredded Cheddar Cheese Fresh Spinach Fresh Broccoli Cucumber Slices Cherry Tomatoes Classic Yellow Corn Black Beans Shredded Carrots Sliced Jalapenos Texas Toast Fresh Apple Fruit Cobbler Ranch Dressing Sour Cream/Margarine Mustard/Mayo White Milk 1% Chocolate Milk FF
Ranch Dressing Sour Cream/Margarine Mustard/Mayo White Milk 1% Chocolate Milk FF	Ranch Dressing Sour Cream/Margarine Mustard/Mayo White Milk 1% Chocolate Milk FF	Ranch Dressing Sour Cream/Margarine Mustard/Mayo White Milk 1% Chocolate Milk FF	Ranch Dressing Sour Cream/Margarine Mustard/Mayo White Milk 1% Chocolate Milk FF	Ranch Dressing Sour Cream/Margarine Mustard/Mayo White Milk 1% Chocolate Milk FF
Summit				
Cheeseburger	Spicy Chicken Sandwich	Hamburger	Spicy Chicken Sandwich	Cheeseburger
Fresh Apple Raw Baby Carrots Fresh Broccoli Cookie Delight	Orange Juice 100% Mixed Fruit Cup Classic Yellow Corn Raw Baby Carrots	Atomic Cheez-It Fresh Apple Fresh Broccoli Oven Baked Beans	Orange Juice 100% Mixed Fruit Cup Classic Yellow Corn Raw Baby Carrots	Fresh Apple Raw Baby Carrots Fresh Broccoli Cookie Delight
Ketchup/Mustard/Mayo/Ranch	Ketchup/Mustard/Mayo/Ranch	Ketchup/Mustard/Mayo/Ranch	Ketchup/Mustard/Mayo/Ranch	Ketchup/Mustard/Mayo/Ranch
White Milk 1% Chocolate Milk FF	White Milk 1% Chocolate Milk FF	White Milk 1% Chocolate Milk FF	White Milk 1% Chocolate Milk FF	White Milk 1% Chocolate Milk FF

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***A healthy plate must consist of fruits & vegetables daily**

Menu is subject to change.

***Minimum Allowance for School Lunch: 3 Components**

***Maximum Allowance for School Lunch: 5 Components**



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PACE Lunch

PACE				
General Tso's Stir Fry & Rice w/ Eggroll	Thai Sweet Chili Chicken & Noodles	Tangerine Chicken & Rice w/ Crispy Chow Mein Noodles	Pepperoni Pizza 4X6	Sriracha Chicken & Rice w/ Crispy Chow Mein Noodles
Cheeseburger	Pepperoni Pizza 4X6	Spicy Chicken Sandwich	Bacon Cheeseburger	Chicken Fried Steak
Creamy Spinach Glazed Carrots Sliced Peaches Orange Juice 100% Cookie Delight	Broccoli w/ Cheese Baby Carrots & Ranch Mandarin Orange Salad Orange Juice 100% Chocolate Pudding	CA Blend Vegetables Oven Baked Beans Fresh Sweet Orange Tropical Fruit	Garlic Breadstick Sweet Potato Casserole Celery Sticks & Ranch Juicy Pineapple Orange Juice 100% Chocolate Pudding	Texas Toast Mashed Potatoes Signature Green Beans Fresh Apple Fruit Cobbler
Ketchup/Mustard/Mayo Pickle Slices		Ketchup/Mustard/Mayo Pickle Slices		Ketchup/ White Gravy
White Milk 1% Chocolate Milk FF	White Milk 1% Chocolate Milk FF	White Milk 1% Chocolate Milk FF	White Milk 1% Chocolate Milk FF	White Milk 1% Chocolate Milk FF

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